



## INTEGRATED SUPPORTS STAR | ADVOCACY AND ENGAGEMENT

Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This star will help families and individuals think about how to work in partnership to support advocacy and engagement.

### Personal Strengths & Assets for Advocacy and Engagement

- Registered to vote, has voter ID, and understands how to vote
  - Knowledge of and membership in advocacy groups or organizations
    - Political awareness and advocacy
  - Has had leadership training and/or experience
  - Understands right/wrong, importance of doing the right thing and being a law-abiding citizen
  - Is able to speak up for self- parents modeling, social experiences, group participation
    - Volunteers

- Ipad
- Advocacy apps
- Communication devices
- Online service group sites

- Parents, siblings, grandparents, other family members
- Self-advocate peers
- Friends
- Neighbors
- Legislators or representatives

### ADVOCACY AND ENGAGEMENT SUPPORT OPTIONS

- Voting
- Neighborhood group or organization
- Visiting your legislator
- Scouting/Camp Fire/Optimist Club
- City council

- Paid advocate
- Self Advocacy Groups
- Disability Rights Day at the Capitol
- Consumer Advisory Councils
- Self Advocacy Training

### Community Resources for Advocacy and Engagement

### Eligibility Supports for Advocacy and Engagement

