

College is Possible: Activity Guide

Thank you for your interest in attending the College is Possible Webinar. This guide is intended to help you prepare for the **College is Possible Webinar** and explore inclusive post-secondary education options in Missouri.

We are excited to announce the creation of a new website, **ShowMeCollege.com**. This website is dedicated to raising awareness about the possibilities of higher education for individuals with intellectual disabilities. Please visit the Show Me College website for more resources to help individuals with intellectual disabilities prepare, choose, pay for, and navigate college!

Activity 1: Rethinking College Film

Rethinking College is a film produced by Think College. The film is intended to increase awareness of inclusive post-secondary education programs for individuals with intellectual disability. Follow the steps below to prepare, watch, and discuss the film!

Prepare

Before watching the film, use the [Rethinking College Viewer's Guide](#) to:

- Identify discussion questions to prepare for the film (Page 5)
- Identify learning activities that align with the film and your student's goals (Page 6-7)

Watch

Watch the 25-minute Think College [Rethinking College Film](#) to learn about the possibilities of college!

Discuss

After watching the film, use the [Rethinking College Viewer's Guide](#) to:

- Identify discussion and reflection questions (Page 5)
- Identify ways to raise awareness about the possibilities of college for students with intellectual disabilities (Page 8)

Activity 2: Explore Inclusive Post-Secondary Education Programs in Missouri

Are you interested in attending an inclusive post-secondary education program in Missouri? Complete the following activities to learn about college options for students with intellectual disabilities in Missouri and how to choose a college.

There are 3 different inclusive post-secondary education programs for individuals with intellectual disabilities in Missouri. Explore each of the programs to learn about what each has to offer! Students from these programs will be sharing their experiences in college at the webinar.

After the webinar, use the *Choose a College Resource Guide* on the *Show Me College Website* to determine which college meets the needs and interests of the individual.



Bear POWER - Missouri State University

[Website](#)

[Video](#)



Succeed - University of Missouri- St. Louis

[Website](#)

[Video](#)



Thrive - University of Central Missouri

[Website](#)

[Video](#)