



INTEGRATED SUPPORTS STAR | SOCIAL AND SPIRITUALITY

Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This star will help families and individuals think about how to work in partnership to support social and spirituality

Personal Strengths & Assets for Supporting Social & Spirituality

- Has hobbies and interests and needed supplies
- Knowledge/experience playing games or other social activities
 - Outgoing, friendly personality
 - Understands social cues and norms
 - Has money/budget for social activities
 - Interest in/belief in faith/higher power
 - Belongs to/has roles in a faith community
- Exposure/experience going to weddings/funerals
 - Good conversation skills

- Online social clubs
- Social media (Facebook, Twitter, Instagram, Pinterest, etc)
- Online games
- Email
- Texting

- Friendships
- Dating/relationships
- Members of your faith community
- Friends of parents/siblings and other family members
- People with a shared interest or hobby
- Neighbors

SOCIAL AND SPIRITUALITY SUPPORT OPTIONS

- Parks and Recreation
- Service/social club/groups
- Inclusive faith community
- Sports teams and clubs
- Preschool
- Playground
- Community Centers
- Churches/Places of Worship

- Separate or special church service
- Special group outings & activities
- Special Olympics
- Special passes
- Social skills classes

Community Resources for Supporting Social & Spirituality

Eligibility Supports for Supporting Social & Spirituality

