











LIFE DOMAIN VISION TOOL | TRANSITION FROM FOSTER CARE

Name of Person Completing: _____ Date: _____

LIFE DOMAIN	QUESTIONS TO CONSIDER	MY VISION FOR MY FUTURE	IMPORTANCE
 <p>Daily Life & Employment What do I think I will do or want to do in my daily life?</p>	<ul style="list-style-type: none"> • What job or career would I like? • What education or training is needed to obtain that career? • How will I be financially responsible to pay my bills? 		
 <p>Community Living Where and how do I want to live, and how will I get around in my chosen community?</p>	<ul style="list-style-type: none"> • Will I live alone or with someone else? • What do I need to learn to live on my own? • What is my ability to provide or pay for my own transportation and other living expenses? 		
 <p>Social & Spirituality How will I have friendships and relationships, and what are my personal boundaries?</p>	<ul style="list-style-type: none"> • How will I connect with spiritual/leisure activities? • What kind of people do I want in my life? • What traditions do I want to start or continue? 		
 <p>Healthy Living What is important to me in living a healthy lifestyle - physically, mentally, and emotionally?</p>	<ul style="list-style-type: none"> • Where will I go to stay healthy or get medical care when I am not feeling well? • What supports do I need to understand how to access and pay for healthcare? • What is my own version of healthy and what works for my body? 		





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 <p>Safety & Security How will I stay safe from financial, emotional, physical or sexual harm?</p>	<ul style="list-style-type: none">• What will I do if I feel unsafe or need help to resolve a conflict?• How will I protect my personal information and security using technology, Internet, or social media?• How will I develop/manage my budget?		
 <p>Advocacy & Engagement What am I passionate about and where can I make a difference?</p>	<ul style="list-style-type: none">• How can I have control of how I live my own life?• Where and how will I get trusted information to help me make informed choices?• What makes me feel good about myself?		
 <p>Supports for Family Who do I define as my family and what supports are needed to maintain these relationships?</p>	<ul style="list-style-type: none">• What is my role in my family and what supports do I need/want to continue in that role?• Who are important people that I want to be part of my life?• How will I stay connected to them?		
 <p>Supports & Services What support will I need to live as independently as possible, and where will my supports come from?</p>	<ul style="list-style-type: none">• Who could be a mentor for me as I transition to my future life?• Who are the people in my life who are advocating for and supporting me?• What type of supports and services will help me in my life?		

