

7th Annual Charting the LifeCourse

SHOWCASE 2023

May 2-4, 2023 • Westin Kansas City at Crown Center • Kansas City, MO

Hosted By:



Sponsored By:

Platinum Level



Platinum Level

Gold Level

Bronze Level

Blue Level



www.lifecoursetools.com/events/showcase-2023





Aetna Better Health® is proud to support the Charting the LifeCourse Showcase.

[AetnaBetterHealth.com](https://www.AetnaBetterHealth.com)



Aetna Better Health®

©2023 Aetna Inc.
2020298

AGENDA AT A GLANCE

WEDNESDAY • MAY 3, 2023

Time	Program
8:30 a.m. - 9:00 a.m.	Breakfast Served Century BC
9:00 a.m. - 10:15 a.m.	Welcome & Keynote Century BC
10:30 a.m. - 11:45 a.m.	Breakouts by Track See full agenda on pg. 12 for room assignments
11:45 a.m. - 1:00 p.m.	Lunch Served Century BC
1:00 p.m. - 2:15 p.m.	Breakouts by Track See full agenda on pg. 13 for room assignments
2:30 p.m. - 3:45 p.m.	CtLC in Action See full agenda on pg. 13 for room assignments
4:00 p.m. - 5:15 p.m.	Plenary: One Slide Challenge
5:15 p.m. - 6:45 p.m.	Reception and Awards Ceremony Century BC Awards Ceremony to begin at 5:45 p.m.

THURSDAY • MAY 4 2023

Time	Program
8:30 a.m. - 9:00 a.m.	Breakfast Served Century BC
9:00 a.m. - 10:15 a.m.	Keynote Century BC
10:30 a.m. - 11:45 a.m.	Breakouts by Track See full agenda on pg. 14 for room assignments
11:45 a.m. - 12:30 p.m.	Closing Plenary Century BC
12:30 p.m. - 3:00 p.m.	Grab n' Go Lunch and State Gatherings

WELCOME TO CtLC SHOWCASE 2023!

We are excited to come together to celebrate the creative and innovative ways Charting the LifeCourse (CtLC) is being used around the country and the globe.

Our annual two-day Showcase is an opportunity to learn, share and connect as a network committed to the core belief that “all people have the right to live, love, work and play in the community.” You are joining other advocates, family leaders, professionals, and stakeholders to hear how the Charting the LifeCourse framework and tools are being used to drive transformation around person-centered policy and practices as well as systems-level and community-wide change. We hope that you will take full advantage of the robust agenda designed to give you many opportunities to exchange knowledge, build capacity, and engage collaboratively.

Throughout the Showcase, you will hear from presenters and Ambassadors as they share how they are integrating CtLC into their own lives, the work they do, and their organizations. You will also hear how the framework and tools continue to evolve in response to the specific and diverse cultural, linguistic and life experiences of those who are using it. We are committed to ensuring the framework addresses and honors the unique contexts of people and their families.

We are thrilled you are with us at the Showcase and honored to be on this journey of transformation with you. We hope that when you return home you are inspired, rejuvenated and feel connected to the larger movement of social change happening through our work together with the Charting the LifeCourse.

Here is an overview of your 2023 Showcase experiences:

• Welcome and Opening Keynote:

Kick off the Showcase by joining us for breakfast, which will be served in Century BC at 8:30am. Beginning at 9:00am, hear from a panel of advocates and professionals using CtLC in their own lives and within their organizations. Celebrate the origin, growth, and transcreation of the CtLC framework and tools.

• Breakouts by Tracks:

The CtLC Showcase is an opportunity to connect with your peers who use the framework to enhance person-centered practices in multiple roles and specialties. Breakout sessions on Wednesday and Thursday are grouped by approach or impact area to inspire ideas of the many ways CtLC can be used for exploration, planning, problem-solving and taking action.

• CtLC in Action Breakout Sessions:

On Wednesday afternoon, join your peers in one of the interactive discussions that best fits how you are using or want to use CtLC in your everyday life and work. Each room will be facilitated by CtLC Coaches and Ambassadors who will encourage full participation and share innovative ideas for implementation of the framework and tools within that specific practice area. Attendees are encouraged to share and ask questions throughout the session.

• CtLC Innovation Awards Ceremony and Reception:

Join us Wednesday evening for light appetizers with a cash bar and to celebrate the winners of the 2023 CtLC Innovation Awards. Awardees are individuals or organizations who have championed the principles of CtLC through innovation in their practice and by serving as a leader in the movement for transformative change.

• Thursday Opening Plenary:

Breakfast on Thursday will be served in Century BC. Hear Dr. Syard Evans, CEO at Arkansas Support Network, share how they are utilizing the framework and tools to provide opportunities for support systems to empower the people they serve and move us all closer to a more just world.

• Closing Plenary:

Celebrate your learning and connections with a final, short plenary session. Join us to wrap up the Showcase with giveaways and closing words from the Nexus team.

• Optional State Get-Togethers:

Celebrate and debrief with others from your state who attended the Showcase! Grab your lunch on Thursday and meet with your fellow state attendees to share your experiences and brainstorm next steps. Rooms are available for larger state gatherings or you will find your state's name on a table in Century BC

Thank you for celebrating the movement with us!



Michelle “Sheli” Reynolds, PhD

Director, LifeCourse Nexus Training and TA Center

SHOWCASE 2023 TRACK AREA DESCRIPTIONS



LTSS Case Management/Support Coordination:

Discover how CtLC is being used for support coordination to engage in deeper problem-solving and planning discussions that lead to person-centered outcomes while meeting the federal and state requirements. Support coordinators, case managers, supervisors and others who facilitate person-centered planning in the healthcare, aging, and disability organizations are encouraged to attend.



Education and Transition:

CtLC is being integrated into educational settings starting in early childhood, during school years focusing on transition and employment and through higher education. Join other teachers, transition specialists, administrators, job coaches and professors to explore how the framework and tools are enhancing self-determination, self-advocacy and problem-solving skills and supporting the formal IEP and transition planning processes.



Enhancing Personal Decision-Making Skills:

Hear how the CtLC framework and tools are being used to build personal confidence and skills for exploring, planning and problem-solving to enhance informed decision-making, self-determination and self-advocacy. This track will highlight specific strategies and examples that can be used to teach and train these skills across different life domains.



Organizational Alignment:

Join with organizational leaders, program directors and key staff of direct service providers who are integrating CtLC into the culture of their organizations. Examples will be provided of how CtLC framework and tools were used to align specific policy, procedures and practice.



Systems Change/Cross-System Collaboration:

The CtLC framework and tools are being used in state aging and disability service systems to organize and facilitate strategic planning, process, and policy change, and to enhance collaboration across all stakeholders. Join with other leaders and change agents to hear how they are implementing the framework to drive and support transformational change.



Engaging Families:

Families and close relationships play critical roles in the lives of all people. Hear how organizations across the country are reaching out, supporting and honoring families with diverse experiences, cultures and roles within the family. Join alongside peer support staff, leaders and others of consumer/family-run organizations and programs specifically focused on serving the needs of the family unit and/or building self-advocacy and leadership skills of the person and/or family members.

ABOUT THE SHOWCASE HOSTS



Charting the LifeCourse Framework and Tools

Charting the LifeCourse is a person-centered framework that enhances exploration, problem-solving and planning for decision making at all levels of change. The key principles and icons of the framework are being used in various fields as CtLC Champions and Ambassadors:

- Create common language around key values and principles across stakeholders,
- Teach others to use the framework and tools for day-to-day work and life,
- Build the capacity of leadership to use the framework and tools for policy and practice change,
- Drive systems change at all levels.

CtLC Approaches

The Charting the LifeCourse key principles and visual icons guide transformational thinking, using practical decision-making tools for exploring, problem-solving and planning at all levels of change. The framework and tools/resources can be applied to strategies for:

- **Personal Decision-Making Skills:**
using CtLC framework, tools and strategies for building personal confidence and skills for exploring, planning and problem-solving to enhance informed decision-making, self-determination and self-advocacy.
- **Professional Practices:**
using CtLC framework, tools and strategies to enhance professional practices across many disciplines and organizations.
- **Organizational Alignment:**
using CtLC framework and tools for aligning culture, leadership, procedures, practices and partnerships within organizations, policies or systems.
- **Strategic Transformation:**
using CtLC framework and tools for organizing and facilitating strategic planning, process, and policy change.



LifeCourse Nexus Training and Technical Assistance Center

The LifeCourse Nexus supports a community of learning for a broad array of stakeholders from multiple disciplines to contribute to transformational change through knowledge exchange, capacity building, and collaborative engagement. As the developers of the Charting the LifeCourse framework and the premier center for training and technical assistance in its implementation, the LifeCourse Nexus serves as the central source for learning and developing strategies for using CtLC.

The LifeCourse Nexus provides an array of capacity building opportunities and certification for those who want to learn about and build their confidence in using the CtLC framework for any of the approaches described above. Technical assistance and process consulting for the implementation and integration of the framework is provided by Nexus Team members with experience and expertise in applying the framework to facilitate transformational change.

LifeCourse Nexus Impact Areas

In partnership with our national network of advocates, family leaders, and influencers, the LifeCourse Nexus is leading efforts to integrate Charting the LifeCourse approaches in different impact areas to enhance personal, professional, organizational, policy and community-wide change in the areas of:

- **Individual Advocacy and Family Support:**
Organizations and programs specifically focused on serving the needs of the family unit and/or building self-advocacy and leadership skills of the person and/or family members.
- **Long-Term Services and Supports:**
Systems of supports and services for persons who are Aging and/or with Developmental Disability, Physical Disability, Behavioral Health, Traumatic Brain Injury, Chronic Health Issues and their families or caregivers.
- **Education:**
Early childhood, school age, transition age, post-secondary education for general education and disability specific programs (Special Education, Pre-Employment Transition Services, etc.).
- **In Development:**
Growing bodies of work is also taking place related to the impact areas of Foster Care, Legal and Financial Systems, and Health Care Systems.



The Institute for Human Development, located within the University of Missouri–Kansas City, is an applied research and training center for human services. The Institute conducts and collaborates on a wide variety of applied research projects to develop, implement, and evaluate new ideas and promising practices that support healthy, inclusive communities. The IHD is home to Missouri’s University Center for Excellence in Developmental Disabilities (UCEDD). Working with local, state, and national organizations, the UCEDD supports people with developmental disabilities by building programs and activities designed to promote self-determination and independence, be productive, and be integrated and included in all facets of community life.

The LifeCourse Nexus is a national Training and TA center within the Institute for Human Development at UMKC. We have the unique opportunity to be connected and contributing to ongoing implementation, development, research, and information dissemination.

Charting the LifeCourse Framework and Tools
SKILL BUILDING SERIES

Join us for a four-part series where you will explore how to best use the Charting the LifeCourse Framework and Tools to enhance exploration, problem-solving and planning. You will have hands-on practice and group discussions – all supported by certified LifeCourse Coaches.

**Scan the QR Code to Register for Fall 2023:
Mondays, 10/9, 10/23, 11/6, and 11/20
2:00 – 4:00 (CST)**

Acknowledgments and Thank You

We are grateful to the LifeCourse Nexus and IHD teams for their ongoing efforts to create opportunities to exchange knowledge, build capacity, and engage collaboratively.

George Gotto
Melissa Clark
Natalie Ward
Brandon King
Colette Canchola-Cox, *MO F2F*
Bekka Matthews, *MO F2F*
Charles Porter, *MO F2F*
Heather Crowley, *MO F2F*
Kyla Mundwiller, *Individual Advocacy*
Candace Cunningham, *Individual Advocacy*
David Forbes, *Individual Advocacy*

Nexus Staff

Sheli Reynolds
Jenny (Turner) Wilson
Jane St. John
Sarah Adams
Hillary Hunter
Gabe Bartholome
Laura Kennedy
Katharine Ragon
Carol Calhoun
Angelina Alpert
Julie Reynolds
Meghan LaMarche
Madeline Webster
Tina Calderaro-Mendoza

National Team Members

Lori Jasper
Beth Kessler
Lisa Meyer
Roy Gerstenberger
Sean Roy

SHOWCASE 2023 HIGHLIGHTS

How To Make the Most of the Showcase App

We are excited to have our community gather in person at the CtLC Showcase! We hope that both this guidebook, and the ChimeGo platform (which has been generously sponsored by Aetna) will help you in feeling fully welcome and engaged in the robust agenda we have planned.

Connecting to the App

Please register for the ChimeGo app via the link that was sent to the email you provided on your registration or by navigating to the link below in your browser. You will be prompted to enter your name, create a password, and enter your email. A verification code will be sent to this email, and then you will be provided with access to the site.

Access to the virtual platform is ONLY via a web browser: go to www.ctlcs Showcase2023.us.chime.live to create your account and be sure to “favorite” this page on your mobile device’s browser so you can check back and use all of the features to help you navigate and engage with the Showcase sessions.

Create Your Personal Schedule and Agenda

By going to the “Agenda” tab on the left of your platform screen, you will be able to navigate through the different sessions being offered and select your favorites, adding them to the “My Schedule” tab on the left hand menu. Click on the session name in the agenda to find the session description, the speakers, and the room where the session will be hosted.

Participate and Engage with Q&A and UpVoter

The hallmark and highlight of the CtLC Showcase is the opportunity to connect with and learn from one another. Throughout the Showcase, there will be opportunities for you to participate and engage. ChimeGo includes a Q&A feature that will be moderated throughout the Showcase.

You can use this to ask a question during the Plenary sessions that our team will pass on to the presenters, or you can ask questions throughout the Showcase and check back for answers from our team and/or CtLC Coaches.

You can also use the UpVoter function to see what others want to know, and to “like” others’ questions. By “UpVoting” others’ questions, we can see together the topics our community is most interested to exchange knowledge, build capacity, and engage collaboratively. We may be able to address some

questions throughout the Showcase, but this also helps our Nexus team know how to support our Network with ongoing opportunities throughout the year.

Take Notes and Access Handouts

Any handouts or presentations we have received will be linked in the session description within the agenda. You can continue to check back, even after the Showcase, as we will continue to upload the resources that are shared with us to share with you! You will have access to the platform for two weeks after our time together, so you can also access and email to yourself any notes you take within that feature of the platform.

Need Information or Assistance?

Members of the Showcase staff are wearing yellow “staff” ribbons on their name badges. If you need assistance or information, just look for one of these individuals. They’re happy to help! You can also use the Q&A feature of the ChimeGo platform, and one of our team will get back with you ASAP.

Connect with our Complimentary WiFi

Thanks to the sponsorship of Elevance Health, we are pleased to be able to offer free WiFi to all Showcase attendees in the Westin Conference Center. To log on, connect to the Westin-Meeting network and refresh your browser. A login splash page will appear. Type in the code: **ELEVANCEHEALTH23** (all one word, all caps). You will then be connected to the WIFI for the entirety of the Showcase.

Our Gift to You

Thank you for being our guest at the seventh annual Charting the LifeCourse Showcase. As a token of our appreciation, please pick up a Showcase bag at the registration table. In the bags, you will find snacks* to keep you fueled for all of the learning that will take place across these two days. There is also some fun LifeCourse swag to enjoy!

**Allergy sensitive snacks are available at the Registration desk if you need to swap out the snacks in your bag.*

🎯 SHOWCASE 2023 HIGHLIGHTS

Prizes for Completing the Session Surveys

We want to make sure the Charting the LifeCourse Showcase is a place where everyone feels like they belong and can learn, share, and network. Your feedback is important to us—not only as we plan for next year’s Showcase—but also as we think about what else we can do to support this movement and our community between now and then. Please take a few minutes after each session to let us know your thoughts!

This year, we will use the Qualtrics platform for a quick survey for all plenary sessions and each breakout session. If you complete the survey and show the completion screen to the Showcase staff or the moderator as you leave the ballroom or breakout room, you’ll be given a ticket that will enter you into a drawing held at the Closing plenary. The more evals you do, the more chances to win!

Each session time has a specific survey, but they will all be accessed in the same way – with two options for how to get to the Qualtrics site:

- **Access the survey through the ChimeGo platform:**
 - Log into your account and open the session you just attended from the agenda
 - Click on the link to the survey at the bottom of the description, which will take you to an external browser page—you will not need a log-in, the survey should automatically open for you
- **Access the survey by scanning the QR code the moderator has in the room:**
 - At the end of each session, the moderator will have a printed page with the QR code for this specific session
 - Scan the QR code with the camera on your device, and open the link in your browser

Once you complete the survey, show the completion screen to the moderator who will be stationed at the door and they will give you a ticket to enter into the drawing. Tickets can be deposited in the baskets at the registration table in the Century BC foyer. Prize winners will be drawn during the Closing Plenary, so be sure to stick around as you must be present to win!

Celebrate at the Selfie-Booth

Tell us what a “good life” is for you! Grab your family, friends, or colleagues and stop by to take a selfie with our good life bubbles. Post the pictures to your social media and be sure to use the hashtag #goodlife and #CtLcshowcase2023!

Connect and Network at Provided Meals

Prepare for a great day by joining us for breakfast during the Opening Plenary on both Wednesday and Thursday mornings. A full breakfast will be served at your tables in Century BC at 8:30am, with the program beginning at 9:00am both days. We encourage you to come hungry - both for a yummy meal, and for an inspiring keynote presentation.

On Wednesday, May 3, grab a table in Century BC where lunch will be served beginning at 11:45am. Following a brief welcome, we encourage you to utilize this opportunity to connect with others and share your learning from the breakout sessions you have attended by eating together.

Special Meals

Gluten free, vegan, and vegetarian options will be available at all meals. If you have requested a special meal, please let us know at the Registration table so that we can provide you with a color coded slip to alert the servers.



Breakfast & Keynote

Breakfast will be served at your tables in Century BC beginning at 8:30 a.m. both days. Be sure to grab your seat ASAP so you're ready for the keynote presentations to begin at 9:00 a.m.

VISION

IPMG envisions the individuals we support will live quality, self-determined lives as integral and valued members of their communities.

Indiana's Largest Provider of Case Management Services!

Indiana's preeminent statewide provider of case management, care management, and wraparound facilitation services.



ipmg

My company,
Your company,
Our company!

100% Employee-Owned!

TO LEARN MORE ABOUT IPMG AND THE WAIVER PROGRAM...

Visit our website:

www.gotoipmg.com

Contact Customer Service:

866-672-4764

customerservice@gotoipmg.com



@gotoipmg



[▶](#) [🐦](#) [📷](#) [📺](#) [@LCOsupports](#)

Define. Design. Discover

LifeCourseOnline (LCO) is a life-planning solution that helps individuals and families develop a unique vision for their future and identify what they need to pursue that vision to the fullest.



**Create Your Custom
Person-Centered Plan**



**Connect And Collaborate
With Your Entire Team**

To learn more about what we have to offer, visit:

www.lifecourseonline.com



LifeCourse Nexus

Training and Technical Assistance Center
UMKC Institute for Human Development • UCEDD

**Committed to
transformational
change at all levels.**

- Individuals and Families
- Professionals
- Organizations
- Networks
- Policy
- Research, Evaluation, and Data Sets

www.lifecoursetools.com ● info@lifecoursetools.com ● 1-800-773-8652



Humana Healthy Horizons® is more than a health plan. We're human care.

Together with state governments and community-based organizations, we address social determinants, drive better outcomes and advance public health.

Humana
Healthy Horizons*

Humana Healthy Horizons is a Medicaid Product offered by affiliates of Humana Inc.

We're up to speed, so you can go full speed.

SEE CHALLENGES BEFORE THEY'RE CHALLENGING.

To make confident decisions about the future, middle market leaders need a different kind of advisor. One who starts by understanding where you want to go and then brings the ideas and insights of an experienced global team to help get you there.

Experience the power of being understood. Experience RSM.

rsmus.com

THE POWER OF BEING UNDERSTOOD
AUDIT | TAX | CONSULTING



Visit rsmus.com/aboutus for more information regarding RSM US LLP and RSM International.

Therap® / *Person-Centered.
Data-Driven.*®

**Comprehensive
Documentation & Information
Management System**

**Official Charting the life course
Nexus Technology Partner**



Proud Sponsor of the 7th Annual CtLC Showcase

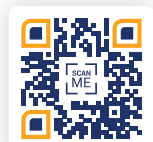
Person-Centered solutions your organization can use to support agency workflows, communication, compliance, organizational outcomes and funding.



Heather Daily
heather.daily@therapservices.net
(470) 604-7003
www.TherapServices.net



Dr. Ishya "Shae" Dotson
ishya.dotson@therapservices.net
(475) 377-3068
www.TherapServices.net
































Connect with your local rep

SHOWCASE 2023 FULL AGENDA



WEDNESDAY • MAY 3, 2023

🕒 Time	📄 Program																		
8:30 a.m. - 10:15 a.m.	Breakfast & Keynote Century BC Kick off the Showcase with us by hearing from a panel of advocates and professionals using CtLC in their own lives and within their organizations. Celebrate the origin, growth, and transcreation of the CtLC framework and tools.																		
10:15 a.m. - 10:30 a.m.	Break																		
10:30 a.m. - 11:45 a.m.	Breakouts <table border="0" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center; width: 50px;"></td> <td style="padding: 5px;">Core Competencies and Capacity Building for Person Centered Planning</td> <td style="text-align: center; width: 100px; background-color: #4db6ac; color: white; padding: 5px;">Liberty</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Planning and Preparing for Adulthood in Educational Settings</td> <td style="text-align: center; background-color: #ffb74d; color: white; padding: 5px;">Shawnee Mission</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Aligning Practices with Values: Going "All IN" with CtLC</td> <td style="text-align: center; background-color: #e91e63; color: white; padding: 5px;">Pershing Place North</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Supporting Families across Multiple Systems</td> <td style="text-align: center; background-color: #66bb6a; color: white; padding: 5px;">Pershing Place East</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Supporting All Families and All Family Members</td> <td style="text-align: center; background-color: #9575cd; color: white; padding: 5px;">Pershing Place South</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Charting the Course to Healthy Living</td> <td style="text-align: center; background-color: #3949ab; color: white; padding: 5px;">Pershing Place West</td> </tr> </table>		Core Competencies and Capacity Building for Person Centered Planning	Liberty		Planning and Preparing for Adulthood in Educational Settings	Shawnee Mission		Aligning Practices with Values: Going "All IN" with CtLC	Pershing Place North		Supporting Families across Multiple Systems	Pershing Place East		Supporting All Families and All Family Members	Pershing Place South		Charting the Course to Healthy Living	Pershing Place West
	Core Competencies and Capacity Building for Person Centered Planning	Liberty																	
	Planning and Preparing for Adulthood in Educational Settings	Shawnee Mission																	
	Aligning Practices with Values: Going "All IN" with CtLC	Pershing Place North																	
	Supporting Families across Multiple Systems	Pershing Place East																	
	Supporting All Families and All Family Members	Pershing Place South																	
	Charting the Course to Healthy Living	Pershing Place West																	
11:45 p.m. - 1:00 p.m.	Lunch Century BC																		

🕒 Time	📄 Program
1:00 p.m. - 2:15 p.m.	<p>Breakouts</p> <ul style="list-style-type: none"> <li data-bbox="477 407 1490 499">  Using CtLC to Develop a Vision and Create a Plan Liberty <li data-bbox="477 516 1490 609">  Filling the Buckets: Transitioning to the Domains of Adult Life Shawnee Mission <li data-bbox="477 625 1490 718">  Enhancing Self- Directed Services with Charting the LifeCourse Pershing Place North <li data-bbox="477 735 1490 827">  Enhancing Employment Outcomes for the Person in Context of Family Pershing Place East <li data-bbox="477 844 1490 936">  Building Personal Networks Pershing Place South <li data-bbox="477 953 1490 1045">  Supporting Self- Determination and Advocacy Skills Pershing Place West
2:15 p.m. - 2:30 p.m.	<p>Break</p>
2:30 p.m. - 3:45 p.m.	<p>CTLC in Action Breakouts</p> <ul style="list-style-type: none"> <li data-bbox="477 1251 1490 1344">  LTSS Case Management/Service Coordination Liberty <li data-bbox="477 1360 1490 1453">  Education & Transition Shawnee Mission <li data-bbox="477 1470 1490 1562">  Organizational Alignment Pershing Place North <li data-bbox="477 1579 1490 1671">  Systems Change/Cross-Systems Collaboration Pershing Place East <li data-bbox="477 1688 1490 1780">  Engaging Families Pershing Place South <li data-bbox="477 1797 1490 1890">  Enhancing Personal Decision-Making Skills Pershing Place West

🎯 SHOWCASE 2023 FULL AGENDA (CONTINUED)



WEDNESDAY • MAY 3, 2023

🕒 Time	📄 Program
3:45 p.m. - 4:00 p.m.	Break
4:00 p.m. - 5:15 p.m.	Plenary: One Slide Challenge Century BC
5:15 p.m. - 6:45 p.m.	Reception and Awards Ceremony Century BC Awards Ceremony to begin at 5:45 p.m.

🎯 TAG, TWEET, AND SHARE

Join our Facebook group | [Facebook.com/groups/CtLCinAction](https://www.facebook.com/groups/CtLCinAction)



Be sure to post and use our hashtags:



















#goodlife

#CtLCShowcase2023

🎯 SHOWCASE 2023 FULL AGENDA (CONTINUED)



THURSDAY • MAY 4, 2023

🕒 Time	📄 Program																		
8:30 a.m. - 10:15 a.m.	Breakfast & Keynote Century BC Moving Toward Justice: Charting the LifeCourse for Creating a Human-Centered Culture Dr. Syard Evans, Arkansas Support Network Human-centered organizations must be able to understand and impact the systems of oppression and marginalization that influence the lives of the people they support and the people they employ. Organizations and professionals must also be able to leverage power to empower those individuals meaningfully and effectively. The work of becoming a human-centered organization starts with intentionally influencing the culture of the organization in strategic ways.																		
10:15 a.m. - 10:30 a.m.	Break																		
10:30 a.m. - 11:45 a.m.	Breakouts <table border="0" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center; width: 40px;"></td> <td style="padding: 5px;">Meaningful Planning Processes in Life Transitions</td> <td style="background-color: #00AEEF; color: white; text-align: center; padding: 5px;">Liberty</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Planning for Transition: Amplifying the Student Voice</td> <td style="background-color: #F0A000; color: white; text-align: center; padding: 5px;">Shawnee Mission</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Charting Your Organization's Trajectory</td> <td style="background-color: #E91E63; color: white; text-align: center; padding: 5px;">Pershing Place North</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Mapping Strategies for Supporting All People</td> <td style="background-color: #66BB6A; color: white; text-align: center; padding: 5px;">Pershing Place East</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Supporting Families: More than Moms</td> <td style="background-color: #7B1FA2; color: white; text-align: center; padding: 5px;">Pershing Place South</td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;">Enhancing Decision Making Support for Youth and Young Adults</td> <td style="background-color: #000080; color: white; text-align: center; padding: 5px;">Pershing Place West</td> </tr> </table>		Meaningful Planning Processes in Life Transitions	Liberty		Planning for Transition: Amplifying the Student Voice	Shawnee Mission		Charting Your Organization's Trajectory	Pershing Place North		Mapping Strategies for Supporting All People	Pershing Place East		Supporting Families: More than Moms	Pershing Place South		Enhancing Decision Making Support for Youth and Young Adults	Pershing Place West
	Meaningful Planning Processes in Life Transitions	Liberty																	
	Planning for Transition: Amplifying the Student Voice	Shawnee Mission																	
	Charting Your Organization's Trajectory	Pershing Place North																	
	Mapping Strategies for Supporting All People	Pershing Place East																	
	Supporting Families: More than Moms	Pershing Place South																	
	Enhancing Decision Making Support for Youth and Young Adults	Pershing Place West																	
11:45 a.m. - 12:30 p.m.	Closing Plenary Century BC																		
12:30 p.m. - 12:45 p.m.	Grab and Go Lunch Century BC																		
12:45 p.m. - 3:00 p.m.	State Gatherings Rooms To Be Announced																		

🎯 BREAKOUTS BY TRACK



LTSS Case Management/Support Coordination

Discover how CtLC is being used for support coordination to engage in deeper problem-solving and planning discussions that lead to person-centered outcomes, while meeting the federal and state requirements. Support coordinators, case managers, supervisors and others who facilitate person-centered planning in the healthcare, aging, and disability organizations are encouraged to attend.

Room: Liberty

🕒 Date and Time	📄 Title and Description
Wednesday, May 2 10:30 a.m. - 11:45 a.m.	<p>Core Competencies and Capacity Building for Person-Centered Planning</p> <p>Ever wonder how to connect person-centered planning with Charting the LifeCourse framework and tools? In this session, attendees will learn how the principles of CtLC align with the five competency domains for person-centered planning (developed by the National Center for Advancing Person-Centered Practices and Systems, or NCAPPS). Learn how competencies and capacity building strategies were co-developed for staff at all levels of human service organizations.</p> <p><i>Presented by: Kate Brady, HSRI, Marnie Mountjoy, KY DAIL (NCAPPS) Kayla Trzpuć & Sandi Erber, ND AASD, Meghan LaMarche, LifeCourse Nexus</i></p>
Wednesday, May 2 1:00 p.m. - 2:15 p.m.	<p>Using CtLC to Develop a Vision and Create a Plan</p> <p>The LifeCourse framework provides principles and tools to support individuals to communicate their vision and develop strategies for a life that reflects their aspirations. Hear from a person with lived experience and a support coordinator, as they share how the CtLC framework and tools have been used by one service organization to develop an Individual Support Plan. Presenters will highlight both practice level changes, as well as process considerations for supporting organizational adoption of the framework and tools.</p> <p><i>Presented by: Christina Rappisi, Values into Action, Khalia Woods, Self-Advocate, Values into Action</i></p>
Thursday, May 4 10:30 a.m. - 11:45 a.m.	<p>Meaningful Planning Processes in Life Transitions</p> <p>People need education and support at all life transitions, but especially those that include a transition between “systems” or services. This session will highlight how Charting the LifeCourse is being used in multiple states, for transitions across the lifespan. Hear how the framework and tools are being used to facilitate individual, holistic plans for transitions from school to adult services, and how it is being used to educate older adults, family members and nursing facility staff to plan better transitions.</p> <p><i>Presented by: Jack Butler, Achieva, Anne-Marie Quealy, Allegheny County, Tammy Costlow</i></p>

BREAKOUTS BY TRACK (CONTINUED)



Education and Transition

CtLC is being integrated into educational settings starting in early childhood, during school years focusing on transition and employment and through higher education. Join other teachers, transition specialists, administrators, job coaches and professors to explore how the framework and tools are enhancing self-determination, self-advocacy and problem-solving skills and supporting the formal IEP and transition planning processes.

Room: Shawnee Mission

🕒 Date and Time	📄 Title and Description
<p>Wednesday, May 2 10:30 a.m. - 11:45 a.m.</p>	<p>Plan and Prepare for Adulthood in Educational Settings Education and school experiences should prepare children and youth for a good life in adulthood. During this session, hear how Charting the LifeCourse was used by an early transition planning project to help elementary students and their families engage in future planning and how a young adult with lived experience used CtLC to plan and direct her high school experience according to her desired career path.</p> <p><i>Presented by: Anna Montaldo, Jenna Allen, OCALI</i></p>
<p>Wednesday, May 2 1:00 p.m. - 2:15 p.m.</p>	<p>Filling the Buckets: Transitioning to the Domains of Adult Life A holistic approach to transition planning across systems can help answer the question “what happens when the school bus stops coming?” Learn how an interdisciplinary, cross-agency work group came together, and adopted CtLC as a shared philosophy, language, and set of tools for the meaningful, collaborative engagement of transition age-youth, families, educators, case managers, and VR counselors to use for IEP planning.</p> <p><i>Presented by: Temerra Blackwater, State of Utah Division of Services for People with Disabilities (DSPD) Tiffany Alexander, State of Utah Division of Services for People with Disabilities (DSPD) Saska Rajcevic, HSRI</i></p>
<p>Thursday, May 4 10:30 a.m. - 11:45 a.m.</p>	<p>Planning for Transition: Amplifying the Student Voice Planning for transition should always keep the vision, experiences, and values of the student at the forefront. Join this session to discover how Charting the LifeCourse is being used to support students and families as they develop individualized transition plans. Hear examples of how CtLC is used in the IEP process, as well as in developing lesson plans to guide students in using the framework and tools to lead their own IEP meetings.</p> <p><i>Presented by: Kendra Roberts & Janet Maine, Princeton City Schools Casey Wisdom, Sandy Kempf, and Aimee Pullen, Special School District of St. Louis</i></p>

🎯 BREAKOUTS BY TRACK (CONTINUED)



Organizational Alignment

Join with organizational leaders, program directors and key staff of direct service providers who are integrating CtLC into the culture of their organizations. Examples will be provided of how CtLC framework and tools were used to align specific policy, procedures and practice.

Room: Pershing Place North

🕒 Date and Time	📄 Title and Description
<p>Wednesday, May 2 10:30 a.m. - 11:45 a.m.</p>	<p>Aligning Practices with Values: Going “All In” with CtLC Ever wonder how to foster lasting and meaningful change in the culture of your organization? This session will feature two organizations who have gone “all in” with Charting the LifeCourse, and highlight how they have taken specific actions to ensure alignment between their values and their practices. Learn how each organization is using the specific principle and tools of CtLC to elevate choice, decision making, and control in person-centered planning and service delivery, and about their accomplishments (and lessons learned) in supporting full organizational adoption of Charting the LifeCourse.</p> <p><i>Presented by: Rachel Milano-Davis, Jennifer Smith, Patrick Snyder, & Sharmen Clark, Values into Action, Syard Evans, Arkansas Support Network</i></p>
<p>Wednesday, May 2 1:00 p.m. - 2:15 p.m.</p>	<p>Enhancing Self-Directed Services with Charting the LifeCourse Self-directing supports and services can expand opportunities for people to lead the lives they envision. In this session you will learn how New Jersey’s Division of Developmental Disabilities is embarking on transformative change using the CtLC framework. As the division seeks to maintain, enhance, and expand their self-directed service options, hear how the development of a new division and team committed to alignment with the LifeCourse principles is using the framework for stakeholder engagement and organizational planning.</p> <p><i>Presented by: Patricia Brennan, NJ DDD, Colleen McLaughlin, Boggs Center, Melanie Ayers, NJ DD Council</i></p>
<p>Thursday, May 4 10:30 a.m. - 11:45 a.m.</p>	<p>Charting Your Organization’s Trajectory Embracing and fully integrating LifeCourse in an organization is a journey. In this session, various approaches for successfully implementing CtLC into organizational culture at all levels will be highlighted—including practices to support people and families, supporting coworkers and teams, and enhancing organizational strategic planning and information dissemination. Hear how to get started, develop an organizational trajectory, build buy-in, support teams and measure success throughout the process.</p> <p><i>Presented by: Heather Daily & Ishya Dotson, Therap, Rebecca Auberry & Erin Porter, Connections Abilities Resources</i></p>

BREAKOUTS BY TRACK (CONTINUED)



Systems Change/Cross Systems Collaboration

CtLC is being integrated into educational settings starting in early childhood, during school years focusing on transition and employment and through higher education. Join other teachers, transition specialists, administrators, job coaches and professors to explore how the framework and tools are enhancing self-determination, self-advocacy and problem-solving skills and supporting the formal IEP and transition planning processes.

Room: Pershing Place East

🕒 Date and Time	📄 Title and Description
<p>Wednesday, May 2 10:30 a.m. - 11:45 a.m.</p>	<p>Supporting Families across Multiple Systems Navigating and coordinating supports from multiple service systems can be a real challenge for families. Learn how state departments and organizations in Ohio use Charting the LifeCourse to collaborate in the interest of providing holistic and collective supports for families who receive services across multiple systems.</p> <p><i>Presented by: Lyndsay Havey, Ohio Department of Education, Corey Ferguson, Ohio Department of Developmental Disabilities Celia Schloemer, University of Cincinnati Center for Excellence in Developmental Disabilities Kimberly Mathews, Ohio Department of Health Tracey Manz, The Ohio State University Nisonger Center/Family Resource Network of Ohio</i></p>
<p>Wednesday, May 2 1:00 p.m. - 2:15 p.m.</p>	<p>Enhancing Employment Outcomes for the Person in Context of Family Family plays a key role in supporting each individual member to achieve their employment goals. Learn how Pennsylvania’s Developmental Disabilities State System and the State Office of Vocational Rehabilitation are working together—and partnering with the PA Family Network—to support people, in the context of their families, to achieve competitive, integrated employment. The InVEST program is using CtLC as a common language and framework for supporting teams, including families and employment service providers, to facilitate improved employment outcomes.</p> <p><i>Presented by: Candida Walton, PA ODP Dana Barone, PA OVR Francine Hogan, PA Family Network at Vision for Equality</i></p>
<p>Thursday, May 4 10:30 a.m. - 11:45 a.m.</p>	<p>Mapping Strategies for Supporting ALL People The LifeCourse Nexus, our partners and members of our Charting the LifeCourse community are committed to ensuring good lives for ALL people. Recognizing and supporting people in the context of their family and community requires cultural responsiveness, which must be anchored in policies, practices, and systems that are designed with the inclusion of diverse voices to produce equitable outcomes. Recently, the National Association for State Directors of Developmental Disability Services released their State DEI Toolkit. Learn how this resource and the CtLC framework and tools can be used together to assist states in mapping out needed focus areas and charting the next steps in their DEI journey.</p> <p><i>Presented by: Laura Vegas, Stephanie Mote, and Regina Rodriguez-Sisneros, NASDDDS</i></p>

BREAKOUTS BY TRACK (CONTINUED)



Engaging Families

Discover how CtLC is being used for support coordination to engage in deeper problem-solving and planning discussions that lead to person-centered outcomes, while meeting the federal and state requirements. Support coordinators, case managers, supervisors and others who facilitate person-centered planning in the healthcare, aging, and disability organizations are encouraged to attend.

Room: Pershing Place South

🕒 Date and Time	📄 Title and Description
<p>Wednesday, May 2 10:30 a.m. - 11:45 a.m.</p>	<p>Supporting All Families and All Family Members A family and each of its individual members are connected and often “intersect” in their goals and vision, all grounded in their definition of family and family roles. Hear how PA Family Network has incorporated advisors with diverse lived experiences and cultural backgrounds, and how they used the concept of the “all” to ensure their services leave no one behind as they use “mentoring teams” (a family member & self-advocate) to identify and include everyone’s unique roles in supporting a good life for the whole family.</p> <p><i>Presented by: Francine Hogan, Diana Morris Smaglik, Geysa Rodriguez & Gabriel Skaglik, PA Family Network at Vision for Equality</i></p>
<p>Wednesday, May 2 1:00 p.m. - 2:15 p.m.</p>	<p>Building Personal Networks It is beneficial for families to network and get engaged in their communities. However, some families who have children with disabilities don't have the tools to do so. This presentation will offer hands on strategies and tools to support families in developing their own circles of support. Learn the ways two family organizations use the Charting the LifeCourse framework and tools to help families connect with the community and build personal networks to enhance the good life for all their members.</p> <p><i>Presented by: Colette Cox, MO F2F, Marion Cosgrove Rauch, Lynne Fogel, Ohio P2P and F2F</i></p>
<p>Thursday, May 4 10:30 a.m. - 11:45 a.m.</p>	<p>Supporting Families: More than Moms Dads, siblings, grandparents, and many other family members play a vital role in the lives of their loved ones at all life stages, but their value and contributions are often overlooked. Join this session to learn how CtLC is being leveraged to engage and empower family members with various roles in the lives of children and adults with IDD and to help “fill their buckets”. Hear about strategies and initiatives that can be replicated to recognize the unique needs of the different family members, and to develop connections and networking opportunities.</p> <p><i>Presented by: Corey Ferguson, OH DODD, Colette Canchola and Bekka Matthews, MO F2F</i></p>

BREAKOUTS BY TRACK (CONTINUED)



Enhancing Personal Decision-Making Skills

CtLC is being integrated into educational settings starting in early childhood, during school years focusing on transition and employment and through higher education. Join other teachers, transition specialists, administrators, job coaches and professors to explore how the framework and tools are enhancing self-determination, self-advocacy and problem-solving skills and supporting the formal IEP and transition planning processes.

Room: Pershing Place West

🕒 Date and Time	📄 Title and Description
<p>Wednesday, May 2 10:30 a.m. - 11:45 a.m.</p>	<p>Charting the Course to Healthy Living Though health can't be the only focus, it is an important domain of a good life. Join this session to hear how Charting the LifeCourse is being used specific to planning and decision-making for overall health, health-care, and sexual health. Hear from the Nexus team about a toolkit for healthcare transitions, and learn how an independent living service organization uses the Integrated Support Star for engaging youth with disabilities to explore concepts around sexual health.</p> <p><i>Presented by: Stephanie McDowell, Paraquad, Jane St John, LifeCourse Nexus</i></p>
<p>Wednesday, May 2 1:00 p.m. - 2:15 p.m.</p>	<p>Supporting Self-Determination and Advocacy Skills Learn about the development, implementation and impact of two different projects that are designed to build self-advocacy skills and increase self-determination through the lens of the CtLC framework and tools. The Self-Determination in Action project, led by self-advocates, uses the CtLC tools to teach self-determination and decision making to create positive impact in their own lives as well as the lives of others with disabilities. The COOL (Charting Our Own LifeCourse) group, is an interactive peer learning group that encourages hands-on learning, trying new things, using the CtLC tools and concepts in their life and work, and creating a professional development path.</p> <p><i>Presented by: Mollie Mattingly, Susan Parker & Kendyll King, Easterseals Midwest Amanda Koch, Advocate Leader, Kyla Mundwiller & David Forbes, LifeCourse Nexus</i></p>
<p>Thursday, May 4 10:30 a.m. - 11:45 a.m.</p>	<p>Enhancing Decision Making Support for Youth and Young Adults Youth and young adults should have every opportunity to make decisions about their own life rather than having a substitute decision maker. The Center on Youth Voice Youth Choice (CYVYC) is a national resource center on alternatives to guardianship. Together with the Nexus team, they will share efforts to empower youth and their families to gather information about a range of decision-making supports and options, including supported decision-making. Highlighting the Charting the LifeCourse framework and specific CtLC decision-making tools, presenters will share strategies and action steps to maximize youth decision-making and self-determination.</p> <p><i>Presented by: Allison Cohen Hall, ICI-Boston/ Center for Youth Voice Youth Choice Jane St John, Life Course Nexus</i></p>

🎯 THANK YOU TO OUR SPONSORS

A special thank you to our Showcase Sponsors. Please stop by their booths in the Century Ballroom Foyer to show your appreciation. Earn additional tickets to the raffle by visiting with a Sponsor and learning about their exciting innovations for implementing CtLC.

PLATINUM LEVEL



GOLD LEVEL



SILVER LEVEL



BRONZE LEVEL



BLUE LEVEL





Advancing Health Equity, Together

Everyone deserves the opportunity to be as healthy as possible. With the help of our local partners, Elevance Health is committed to improving health equity in the communities we serve.

We're proud to sponsor the 2023 Charting the LifeCourse Showcase. When we support each other, we can all pursue our aspirations and lead meaningful lives.

Visit elevancehealth.com to learn more.



SHOWCASE2023

SHOWCASE MAP

All Showcase events will take place on the Ballroom Level of the Westin Kansas City at Crown Center.



**LTSS Case Management/
Support Coordination**

📍 Liberty



Education and Transition

📍 Shawnee Mission



Organizational Alignment

📍 Pershing Place North



**Systems Change/Cross Systems
Collaboration**

📍 Pershing Place East



Engaging Families

📍 Pershing Place South



**Enhancing Personal
Decision-Making Skills**

📍 Pershing Place West



Keynotes, Plenaries, & Meals

📍 Century BC