



INTEGRATED SUPPORTS STAR | COMMUNITY LIVING

Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This star will help families and individuals think about how to work in partnership to support community living.

Personal Strengths & Assets for Supporting Community Living

- Knowledge of how to navigate community
- Drives, rides bus, cab, or other public transportation
 - Housekeeping skills
 - Can prepare simple meals/snacks
- Knowledge of different types of living options

- Adapted living space
- Environmental technology
- Remote monitoring
- Ipad apps
- Facetime/Skype
- Electronic reminders

COMMUNITY LIVING SUPPORT OPTIONS

- Parents, siblings, spouse, children, grandparents, extended family
- Friends
- Roommates
- Neighbors
- Same age peers (college age, aging)

- Home ownership
- Rental home/apartment
- Co-op for housing or transportation
- Public transportation (bus, train, taxi)
- Universal design
- Neighborhood Watch
- Home Owner's Association
- Food Pantries

- Independent Supported Living (ISL)
- Independent Living Center
- Shared Living/host family
- Institutions
- Intermediate Care Facility (ICF)
- Group Homes
- Meals on Wheels
- Section 8 Housing Vouchers

Technology for Supporting Community Living

Relationships for Supporting Community Living

Community Resources for Supporting Community Living

Eligibility Supports for Supporting Community Living

