

## **Charting the LifeCourse Domain Taxonomy**

LIFE DOMAINS	SUB-DOMAINS	TOPICS
Daily Life & Employment What a person does as part of everyday life – education and training, employment, volunteering; routines, responsibilities and skills for individual and family life.	Education	Childcare, Camps and Afterschool Programs School (general ed, special ed/504, honors) Higher Education/Vocational Training Lifelong Learning (senior center, continuing ed) Language and Literacy
	Employment/ Meaningful Day	Career Exploration and Pre-vocational Job and Career Path Meaningful Day (volunteer, stay-at-home, caregiver, day program) Personal Finance (budgeting, income, expenses, debt) Retirement
	Individual & Family Life	<ul> <li>Accommodations and Everyday Technology</li> <li>Home Life and Routines</li> <li>Financial Literacy, Income, Budgeting and Paying Bills</li> <li>Parenting and Intergenerational Supports</li> <li>Family Traditions and Culture</li> </ul>
Community Living Where and how someone lives - housing and living options, universal design, and modifications; transportation options, neighborhood considerations and community access.	Living Options	<ul> <li>Housing Options and Quality of Housing</li> <li>Universal Design</li> <li>Living Expenses</li> <li>Home Modifications and Environmental Technology</li> <li>Housing Stability and Aging in Place</li> </ul>
	Transportation	<ul> <li>Accessible and Affordable Transportation</li> <li>Walkability</li> <li>Mass Transit Lines/Stations</li> <li>Vehicle Modification</li> <li>Driving and Driver's License</li> </ul>
	Neighborhood & Community	<ul> <li>Parks, Walking Trails and Nature</li> <li>Internet and Other Utility Access</li> <li>Environmental Conditions</li> <li>Neighborhood and Build Environment</li> <li>Businesses, Banks and Retail Outlets</li> </ul>
Social & Spirituality Having friendships, social and personal relationships, leisure and recreational activities; exploring faith or spiritual aspects of life.	Personal Relationships	<ul> <li>Close Family and Friends</li> <li>Peers, Co-workers and Casual Relationships</li> <li>Virtual Connections (social media, groups, chat)</li> <li>Dating/Intimate Relationships</li> <li>Pets and Other Animals</li> </ul>
	Leisure & Recreation	<ul> <li>Extra-curriculars, Clubs, and Groups</li> <li>Service, Civic or Social Clubs</li> <li>Hobbies, Sports and Entertainment</li> <li>Vacation and Travel</li> <li>Rest and Relaxation</li> </ul>
	Spiritual Enrichment	<ul> <li>Meditation, Self-reflection and Prayer</li> <li>Personal Growth for Meaning of Life</li> <li>Rituals and Practices Focusing on Higher Powers</li> <li>Places of Worship (temple, synagogue, church, mosque)</li> <li>Faith-based Community or Organizations</li> </ul>

LIFE DOMAINS	SUB-DOMAINS	TOPICS
Healthy Living Managing and accessing health care – medical, mental, and behavioral health, sexual and reproductive health; long-term health needs; wellness, fitness, nutrition and selfcare.	Wellness & Self-Care	<ul> <li>Preventive Care and Lifestyle Choices</li> <li>Fitness, Physical Activity and Inactivity</li> <li>Healthy Food (access, options, nutrition)</li> <li>Sexuality, Reproductive and Gender Health</li> <li>Managing Stress and Mental Health</li> </ul>
	Comprehensive Health	<ul> <li>Primary Care, Specialty Care and Rehabilitation</li> <li>Hearing, Vision, Oral, Home Health and Behavioral Services</li> <li>Management of Chronic Conditions, Disability and Transitions</li> <li>Health Costs, Benefits and Insurance</li> <li>Coordinating Health Care Needs and Services</li> </ul>
	Long-Term Supports	<ul> <li>Navigating Resources and Options (choice, care/supports planning)</li> <li>Supports for Instrumental and Other Activities of Daily Living</li> <li>Home and Community-based Services (personal assistance, technology)</li> <li>Long-term Care (supported or assisted living, skilled nursing)</li> <li>Palliative or End of Life/Hospice Care</li> </ul>
Advocacy & Engagement Determining how one's own life is lived, making choices, setting goals, speaking up, leading and partnering; Building valued roles, having meaningful experiences, and participating in community.	Self- Determination	<ul> <li>Marking Informed Decisions (problem-solving, goal setting)</li> <li>Understanding and Communicating One's Needs</li> <li>Directing Life and Speaking Up for Self</li> <li>Taking Control and Responsibility of One's Life</li> <li>Building Relationships and Connections</li> </ul>
	Advocacy & Leadership	<ul> <li>Supporting Others to Voice Views, Wishes and Protect Rights</li> <li>Leading a Group, Organization or Other Change</li> <li>Volunteering, Community Service or Philanthropy for Causes or Others</li> <li>Standing Up Against Discrimination or Disadvantage</li> <li>Partnering with Professionals to Enhance Services and Organizations</li> </ul>
	Community Action	<ul> <li>Participating and Having Meaningful Roles in the Community</li> <li>Fostering Inclusion and Belonging of Other Community Members</li> <li>Service Learning or Community-wide Change</li> <li>Voting and Civic Engagement in Politics</li> <li>Advocating for Policy or Legislative Changes</li> </ul>
Safety & Security Staying safe from abuse, exploitation and injury; Preparing for emergency or disaster situations; legal rights with regard to decision making, end of life, and other legal issues.	Personal Safety	<ul> <li>Free from Threat, Harm or Crime</li> <li>Internet, Social Media and Technology Safety</li> <li>Preventing Personal Injury (falls risks, hazards, self-harm)</li> <li>Awareness and Prevention of Bullying, Abuse, Neglect and Exploitation</li> <li>Accessing Child and Adult Protective Services and Elder Justice</li> </ul>
	Public Safety	<ul> <li>Safe Housing, Roads, Communities and Environments</li> <li>Law Enforcement and First Responders (911, fire fighters, EMTs)</li> <li>Crime, Violence and Social Disorder Prevention</li> <li>Emergency and Disaster Preparedness (planning, registries)</li> <li>Weather, Flooding and Fires</li> </ul>
	Legal & Financial	<ul> <li>Criminal and Legal Justice (rights, discrimination)</li> <li>Legal Services and Protections</li> <li>Advance Planning and Decision-making Support</li> <li>Financial Literacy (budgeting, investing, savings)</li> <li>Personal Finance (income, benefits, wills/trusts, ABLE accounts)</li> </ul>

