















Charting the LifeCourse Domain Taxonomy

LIFE DOMAINS	SUB-DOMAINS	TOPICS
 Daily Life & Employment What a person does as part of everyday life – education and training, employment, volunteering; routines, responsibilities and skills for individual and family life.	 Education	<ul style="list-style-type: none">• Childcare, Camps and Afterschool Programs• School (general ed, special ed/504, honors)• Higher Education/Vocational Training• Lifelong Learning (senior center, continuing ed)• Language and Literacy
	 Employment/ Meaningful Day	<ul style="list-style-type: none">• Career Exploration and Pre-vocational• Job and Career Path• Meaningful Day (volunteer, stay-at-home, caregiver, day program)• Personal Finance (budgeting, income, expenses, debt)• Retirement
	 Individual & Family Life	<ul style="list-style-type: none">• Accommodations and Everyday Technology• Home Life and Routines• Financial Literacy, Income, Budgeting and Paying Bills• Parenting and Intergenerational Supports• Family Traditions and Culture
 Community Living Where and how someone lives - housing and living options, universal design, and modifications; transportation options, neighborhood considerations and community access.	 Living Options	<ul style="list-style-type: none">• Housing Options and Quality of Housing• Universal Design• Living Expenses• Home Modifications and Environmental Technology• Housing Stability and Aging in Place
	 Transportation	<ul style="list-style-type: none">• Accessible and Affordable Transportation• Walkability• Mass Transit Lines/Stations• Vehicle Modification• Driving and Driver's License
	 Neighborhood & Community	<ul style="list-style-type: none">• Parks, Walking Trails and Nature• Internet and Other Utility Access• Environmental Conditions• Neighborhood and Build Environment• Businesses, Banks and Retail Outlets
 Social & Spirituality Having friendships, social and personal relationships, leisure and recreational activities; exploring faith or spiritual aspects of life.	 Personal Relationships	<ul style="list-style-type: none">• Close Family and Friends• Peers, Co-workers and Casual Relationships• Virtual Connections (social media, groups, chat)• Dating/Intimate Relationships• Pets and Other Animals
	 Leisure & Recreation	<ul style="list-style-type: none">• Extra-curriculars, Clubs, and Groups• Service, Civic or Social Clubs• Hobbies, Sports and Entertainment• Vacation and Travel• Rest and Relaxation
	 Spiritual Enrichment	<ul style="list-style-type: none">• Meditation, Self-reflection and Prayer• Personal Growth for Meaning of Life• Rituals and Practices Focusing on Higher Powers• Places of Worship (temple, synagogue, church, mosque)• Faith-based Community or Organizations

LIFE DOMAINS	SUB-DOMAINS	TOPICS
 Healthy Living Managing and accessing health care – medical, mental, and behavioral health, sexual and reproductive health; long-term health needs; wellness, fitness, nutrition and selfcare.	 Wellness & Self-Care	<ul style="list-style-type: none">• Preventive Care and Lifestyle Choices• Fitness, Physical Activity and Inactivity• Healthy Food (access, options, nutrition)• Sexuality, Reproductive and Gender Health• Managing Stress and Mental Health
	 Comprehensive Health	<ul style="list-style-type: none">• Primary Care, Specialty Care and Rehabilitation• Hearing, Vision, Oral, Home Health and Behavioral Services• Management of Chronic Conditions, Disability and Transitions• Health Costs, Benefits and Insurance• Coordinating Health Care Needs and Services
	 Long-Term Supports	<ul style="list-style-type: none">• Navigating Resources and Options (choice, care/supports planning)• Supports for Instrumental and Other Activities of Daily Living• Home and Community-based Services (personal assistance, technology)• Long-term Care (supported or assisted living, skilled nursing)• Palliative or End of Life/Hospice Care
 Advocacy & Engagement Determining how one's own life is lived, making choices, setting goals, speaking up, leading and partnering; Building valued roles, having meaningful experiences, and participating in community.	 Self- Determination	<ul style="list-style-type: none">• Marking Informed Decisions (problem-solving, goal setting)• Understanding and Communicating One's Needs• Directing Life and Speaking Up for Self• Taking Control and Responsibility of One's Life• Building Relationships and Connections
	 Advocacy & Leadership	<ul style="list-style-type: none">• Supporting Others to Voice Views, Wishes and Protect Rights• Leading a Group, Organization or Other Change• Standing Up Against Discrimination or Disadvantage• Partnering with Professionals to Enhance Services and Organizations• Advocating for Policy or Legislative Changes
	 Community Action	<ul style="list-style-type: none">• Participating and Having Meaningful Roles in the Community• Fostering Inclusion and Belonging of Other Community Members• Service Learning or Community-wide Change• Volunteering, Community Service or Philanthropy for Causes or Others• Voting and Civic Engagement in Politics
 Safety & Security Staying safe from abuse, exploitation and injury; Preparing for emergency or disaster situations; legal rights with regard to decision making, end of life, and other legal issues.	 Personal Safety	<ul style="list-style-type: none">• Free from Threat, Harm or Crime• Internet, Social Media and Technology Safety• Preventing Personal Injury (falls risks, hazards, self-harm)• Awareness and Prevention of Bullying, Abuse, Neglect and Exploitation• Accessing Child and Adult Protective Services and Elder Justice
	 Public Safety	<ul style="list-style-type: none">• Safe Housing, Roads, Communities and Environments• Law Enforcement and First Responders (911, fire fighters, EMTs)• Crime, Violence and Social Disorder Prevention• Emergency and Disaster Preparedness (planning, registries)• Weather, Flooding and Fires
	 Legal & Financial	<ul style="list-style-type: none">• Criminal and Legal Justice (rights, discrimination)• Legal Services and Protections• Advance Planning and Decision-making Support• Financial Literacy (budgeting, investing, savings)• Personal Finance (income, benefits, wills/trusts, ABLE accounts)