

INTEGRATED SUPPORTS STAR | ABUSE AWARENESS AND PREVENTION

Personal Strengths & Assets

How can you use your own skills or abilities to prevent, recognize, or get away from abuse?

How can you use technology to help you prevent, recognize, or get away from abuse? How can family, friends, and others you trust, help you prevent, recognize, or get away from abuse?

What places, people, or resources in the community could help you prevent, recognize, or get away from abuse?

How could you use services or resources you are eligible for to help you prevent, recognize, or get away from abuse?

Community Based

Eligibility Specific











